



AGM EDITION

SPECIAL EDITION JULY 2026

VITALITY



2026-2027
Board
of
Directors

Karen Baskerville, Betty Brooks, Doug Sibbett, Bonnie Harris, Jane Jarvis,
Betty Lavalley, Lois Craig, Karen Sibbett (Absent - Penny Brown)
Photo courtesy of Aaron Gautreau

***It has often been said that the greatest gift a person can offer -
aside from love - is the gift of their time.***

Volunteers come from all walks of life, span generations, and bring with them unique talents and perspectives. What unites them is a shared desire to give back, to serve their community, and to make a meaningful difference in the lives of others.

As we reflect on the past year, I am filled with deep gratitude and admiration for the extraordinary contributions of our volunteers. You are not only an essential part of our hospital and nursing home teams - you are the heart of them. Your presence, your compassion and your commitment, help define who we are as an organization and as a community.

*Todd Stepanuik, President & CEO
Norfolk General Hospital and Norfolk Hospital Nursing Home*

President's Annual Report

2025 - 2026 has truly been a time of learning for me, and an absolute joy to meet and volunteer alongside so many of you.

I have had the privilege of seeing firsthand the difference our volunteers make throughout the hospital and nursing home. It is found in the small, everyday moments - a kind word, a warm smile, a helping hand - that leave the greatest impact.

With our first year of consolidation now behind us, although there were challenges, it is remarkable what you accomplished. Let us take a moment to reflect on your incredible efforts in keeping the association moving forward.

he businesses all met or exceeded their pledge, with the Coffee Kiosk hitting a record year. Hospital support areas ran smoothly. Team leaders and volunteers stepped up and programs like tag days, the musical, the spaghetti dinner, the bakeless bake sale and Christmas gift wrapping were planned and executed with integrity and passion. Both the spaghetti dinner and the Christmas gift wrapping programs hit a record high. A new fundraising event - Treasure & Totes was added to the calendar and was very well received with plans in place to expand that program.

Because of your hard work, dedication, and commitment, you delivered \$120,150 in support of the hospital and nursing home. This is the highest pledge generated since 2017.

This year has not been without its challenges, but you continued to show up, adapt, and support one another. That speaks volumes about the heart of this association.

I want to sincerely thank each of you for your commitment to keeping the association strong and moving forward.

A special thank you to the Board - your guidance and support, especially to me personally, is deeply appreciated.

Thank you to Kerri - your leadership, support, and steady guidance mean so much to all of us.

And Aaron - thank you for your ongoing support and for always delivering such professional communications. You truly make a difference to the outcome of our fundraisers.

To our hospital partners, thank you for supporting our volunteers in their roles, and to our community partners, thank you for your continued support and friendship.

As we look ahead, our goal is simple: to keep building on what we have achieved and continue growing - together. A key part of that is developing new leaders. Succession planning will be essential as we prepare the next generation to carry this important volunteer work forward.

Congratulations to each of you for an outstanding year!

Betty Lavallee, President

*Looking forward to another year of
excellence with our amazing volunteers!
We cannot stress enough how much your
work means to Norfolk General Hospital and
Norfolk Hospital Nursing Home.*





OUTSTANDING SERVICE AWARDS

Barb Hall
Alex Horvath
Penny Brown



LEADERSHIP AWARD

Lyn Fraser



Doug Sibbett
Karen Sibbett
Angela Grant
Renee Owen

Margaret Drummelsmith
Margaret Saunders
Joan Rainville
Barb Ridout



Jennah Edwards (Student) Student training



LIFETIME ACHIEVEMENT

Lois Craig

JUNIOR AWARDS

Jennah Edwards 100 hrs
Kashiat Bolanle 200hrs

Kevin Saju, Layla Fara, Rylie Snively 60 hrs



JUNIOR BURSARY

Jennah Edwards



ALL of our volunteers are so appreciated!

Photos courtesy of Aaron Gautreau

NATIONAL VOLUNTEER APPRECIATION

National Volunteer week appreciation and awards

This year's National Volunteer Week celebrations included an evening of awards and music bingo.

During the week of April 19th – 26th we had the honour of recognizing and celebrating the contributions of all of our incredible volunteers both in person and through social media. Those who were on shift during the week were given a small token of appreciation and everyone was invited to an evening of celebration on Tuesday, April 21st.

The appreciation and awards event included a wonderful meal prepared by the Army Navy club, followed by the presentation of milestone awards that were previously presented at local branch annual general meetings. We were also excited to have a number of our junior volunteers join in the festivities and also receive their milestone awards.

To round out the evening festivities, attendees put their minds to work and tapped their toes to some familiar and not-so familiar tunes during music bingo. Feedback has been very positive about the event and we look forward to planning next year's festivities!

Juniors' contributions highlighted at appreciation event

This year's National Volunteer Week event was the first opportunity to recognize our volunteers for their contributions in ways that were previously done at the branch meetings. Additionally, we welcomed our Junior volunteers to this year's event and were so pleased to have a number of our Junior volunteers join us in celebration.

This year we had two juniors receive milestone recognition that has not been presented since prior to the pandemic. Jennah Edwards has received her 150 hour pin for service in the inpatient units and main information desk and Kashiya Bolanle received her 200 hour pin for service in the emergency department and the main information desk. Their contributions add to the care and experience of patients, visitors and the community.

While we wish Jennah the very best as she ventures into post secondary education, we are thrilled that Kashiya will be with us for another year!

CERTIFICATES OF APPRECIATION

Cara Blackwood
Sue Caley
Rose Carter
Betty Ann Carty
Gail Catherwood
Deborah Clapdorp
Vicki Davey
Veronica Dumbrell
Jennah Edwards
Alfred Guidolin
Manon Innes
Jane Jarvis
Len Lasko



Ann MacIntyre
Kathy McDonald
Alex Meyer
Linda Muir
Kim Murray
Linda Novinka
Bailey Pinkney
Lori Rodgers
Barb Ruffley
Elenor Shortt
Iris Smith
Wanda Tiller
Delores Tohorek

SERVICE PINS

10 Years of Service

Veronica Dumbrell
Betty Lavallee
Dorothy Steadman
Wanda Tiller
Mary Hipson



20 Years of Service

Georgette Demeester
Irma Gouthro
Dianne Kersten
Fran Hill
Alan Ladd
Barbara Ruffley



500 Hour Service

Drenise Cowlard
Line Montague
Veronica Waslowski
Vicki Davey



1000 Hour Service

Georgette Demeester
Arlene Gibson
Manon Innes
Bernie Mummery
Joan Rainville



Look What We Did! 2025-2026

This year, **211 ACTIVE** volunteers contributed **17,202 hours** of their time to our association.

NGH equipment pledge

\$111,000

4TH floor sunshine

\$2,000

Patient gifts and Social Work Fund

\$2,150

NHNH projects

\$5,000



TOTAL - \$120,150

CONGRATULATIONS TO ALL ON A JOB WELL DONE!

Volunteer Association Board 2026/2027 Slate of Officers

Executive

Past President	Lois Craig
President	Betty Lavalley
Vice President	Bonnie Harris
Treasurers	Penny Brown Betty Brooks
Executive Assistant	Karen Baskerville

Directors

Fundraising	Betty Lavalley (Int)
Social Engagement	Doug Sibbett
	Karen Sibbett
Communications	Jane Jarvis

Convenors/coordinators and Treasurers of Volunteer Services 2026/2027

Archives

Vacant

Coffee & Crumbs

Manager	Barb Rideout	barbrideout3035@gmail.com
Treasurer	Deborah Clapdorp	dclapdorp@execulink.ca

Craft Group

Convenor	Angela Grant	angelmgrant@hotmail.com
Treasurer	Laura Burgess	yarnbunny@me.com

Emergency Liaison

Convenor	Marg Gurney	marggurney@hotmail.com
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Gift Shop

Convenor	Jane Hunter	janehunter@live.ca
Treasurer	Liz Rotherham	lrotherham@ngh.on.ca

Garden Helper

Convenor	Doug Sibbett	nommry@hotmail.com
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Grade One Tours Coordinator

Angela Grant	angelmgrant@hotmail.com
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H.E.L.L.P. Lottery

Convenor	Renee Owen	mynay2@hotmail.com
Treasurer	Laura Burgess	yarnbunny@me.com

ICU/3B Helper Convenor

Lyn Fraser	lynfraser4270@gmail.com
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Main Floor Information Desk

Lois Craig	46strongarms@gmail.com
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Memorial Services Coordinator

Kerri Emberlin	kemberlin@ngh.on.ca
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Minor Procedures Clinic

Karen Baskerville	karenbaskerville24@gmail.com
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Second Floor Information Desk

Mirja Spencer/Karen Baskerville

Share Bear Convenor

Drenise Cowlard	djcowlard@gmail.com
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Surgical Day Care Convenor

Mirja Spencer	mandrspencer@sympatico.ca
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Transfer Services Convenor

Kerri Emberlin	kemberlin@ngh.on.ca
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Vitality - Newsletter Editors

Linda Novinka/Jane Jarvis	jjjarvis@ngh.on.ca
Inovinka@ngh.on.ca	

50/50 Fundraiser

Vicki Davey/Teresa Kapitor/Iris Smith
vmdavey4@gmail.com / irismadge@hotmail.com



Thank you

