

*Volunteer
Association
To Norfolk
General
Hospital
And Nor-
folk
Hospital
Nursing
Home*



**Volunteer
Annual
General
Meeting
June 6th
Waterford**



Vitality

Summer 2024

President's Report

Spring is here and we have been busy volunteers. All branches have held their Annual General Meetings, and fundraising has begun with tag days, 50/50 draws, bakeless bake sales and all summer events in the planning. I look at the calendar and wonder where the first few months of the year have gone.

It has been a good year for the volunteer association. All our branches exceeded their pledges and we were able to end our year in the black, donating more than \$75,000 to the hospital / nursing home, an amount which far surpasses our budget of \$11,000 in 2023-2024. We should all be proud of our work as it is only because of all our wonderful volunteers that this is possible. Congratulations to all of you.

Thanks for all your work, whether it is in pa-

tient care, NHNH, surgical day care, ICU, ER, minor surgery, information desk, coffee kiosk, lottery, gift shop, or craft group. Your dedication is very much appreciated. Whether you have put in one hour or 100 hours, you have made a valuable contribution and are part of a great team of dedicated volunteers.

Our next big project is the 50/50 draw. Tickets have been distributed and the draw is underway, so please sell those tickets. Tickets can be obtained from your branch chairs. We have 5000 tickets this year to be sold and the draw will be held at the hospital on November 1st, 2024 at 1 p.m. Good luck, everyone.

The Annual General Banquet and Annual Awards Banquet will be held on June 6th at the Waterford Legion. I look forward to seeing many of you there.

Lois Craig

Director's Update

With an early spring came early leaves and flowers. I hope everyone was able to tend to their gardens to beat the rapid growth of those darned weeds. Thanks to our garden volunteers, the hospital is looking fantastic and vibrant once again!

We have had a very active few months since our last newsletter. We have welcomed over a dozen new volunteers, celebrated National Volunteer Week with an appreciation event that included a couple of competitive rounds of trivia (congrats again BACK 4), and prepared for a summer of fundraising events, 50/50 raffle and the annual general meeting/awards banquet. It is inspirational to be a part of such a dynamic and passionate team that is truly dedicated to supporting NGH and NHNH.

The hospital is pleased to announce that as of May 6th, we now have a new Maternal/Newborn

clinic located on the main floor (previously the vaccination clinic). This expansion of pre/post-natal support is a clear indication of the commitment expressed when re-opening the labour and delivery unit in 2023 and the continued commitment of NGH to support the community in their health care.

I know that everyone is eagerly anticipating the official announcement regarding a new hospital and unfortunately, at the time of print, we do not have this information to share with all of you. As soon as I am notified, I will share with you!

As always, I look forward to what we will accomplish in the months ahead and I share my gratitude with all of you for having the opportunity to work alongside one another. Have a safe and healthy summer season.

Respectfully,
Kerri Emberlin

Delhi

Bring on summer! Our lone outdoor fundraising activity will have taken place on May 31, hopefully under sunny skies. Many thanks to all of the volunteers who helped out on tag day throughout Delhi and an extra thank you to Margaret Saunders and Judy Chanda, co-chairs of the event.

Unfortunately, our annual golf tournament will not be happening this year. We hope to replace it with a pickleball tournament sometime in September; date TBD.

Check out TruEarth and EcoCollective through our fundraising links on the Volunteer Association Events page for a wide variety of eco-friendly items. We earn 20% commission for our organization from all sales. For \$3, from Ang Grant 519-582-3542, you can get laundry strip samples that are perfect to take with you wherever you travel this summer. Members enjoyed a potluck lunch on March 27 at our branch AGM. Lois Craig was in attendance to install Judy Boughner as our new secretary. Thank you to Pauline Lasko for her years of service in this position.

Ang Grant, Branch Chair

Port Dover

Things are busting out all over, and not only are the bees working hard - so are the Dover volunteers.

Our AGM potluck was a tasty success and a few lucky volunteers went home with some pretty posies as door prizes. We held a kitchen table talk meeting regarding the consolidation of the branches. Thoughts and questions were presented in a comfortable friendly way and from there our questions were forwarded to Lois Craig for the Town Hall meeting.

We are still accepting donations for the bakeless bake sale which is an easy way of "baking".

Our tag day event is ready to go on May 24 and 25th. We also have a third date for a special location to be announced.

Our summer fundraiser, Lucas Wilson, Illusionist, on June 22nd is keeping everyone working their magic. We will have two shows, at 2 and 7 p.m. The location is the Dover Community Center. This will be a great graduation gift for the kids and kids at heart. Betty Lavalley wears two hats, organizing both of these events. Well done!

As soon as the NGH 50/50 tickets are ready, Doug and Karen Sibbett will be requesting volunteers to sell tickets. We have busy summer events in Dover and great places to sell. We need help from all NGH volunteers. This is a BIG team effort for the hospital.

When we have time to take a breath, we will be focusing on our Fun Fall Fashion show. More info on this to come.

Drenise Cowlard, Branch Chair



Let to right

Lois Craig, Betty Brooks, Drenise Cowlard, June Faint, Doug Sibbett, Karen Sibbett (Port Dover)



Doug Sibbett and Evelyn McCullough working on our Lucas Wilson Fund Raiser.

Waterford

Waterford had our spring annual meeting. Our meeting was held at Kerry's Eatery Waterford. Six members attended a brunch meeting.

Plans are underway for this year's fundraising. The bake-less bake sale has begun. Tag day will be in June and the golf tournament plans are underway for August 10.

Waterford's branch executive is unchanged.

Thanks you to all our members for their support and dedication to our team of great volunteers.

Renee Owen, Branch Chair



Left to right Jane Jarvis, Renee Jarvis, Nancy Koski, Renee Owen, Joy Burch, and Lu Smitiuch. We had our spring meeting April 12 at Kerry's Eatery Waterford.



From left to right in the photo are:
Betty Short - with over 45 years of service.
Helen Columbus - who will be celebrating her 99th birthday in September.
Betty Brooks - Vice Chair, Port Dover Branch.

Simcoe

Simcoe Branch held its AGM on April 29th with 23 members in attendance. We enjoyed a lovely lunch and had the opportunity to recognize some of our fellow members for their hours of contribution to NGH/NHNNH. A donation of \$3,500 toward our monetary pledge to the hospital will be made at the next association board meeting.

As well as conducting the business of the branch, there was an important discussion regarding the future of our branch. As many of you are aware, there has been difficulty filling the positions on the board executive. Many of us have been "recycled," but that cannot go on. If it is of any consolation, Simcoe is not the only branch that has struggled. However, ours is the only one that is in danger of folding, whether or not consolidation is approved on June 6th at the volunteer board AGM. Even if consolidation is voted in, it will take up to two years for all the legal work and the nitty gritty procedure involved in the change. It should also be noted that current members of the Simcoe branch will still be members of the volunteer association at large and will be invited to events held by other groups.

At the current time, Sarah Schottman, who is treasurer for the coffee kiosk, has stepped forward and volunteered to take on this role for the branch. Bonnie Harris has kindly agreed to stay on as interim secretary until Mary Peever is able to return from her leave of absence. Our sincere thanks go to Kathy MacDonald for performing the role of branch treasurer for the last several years.

Unfortunately, the board is still in need of a chair and vice chair. Should the chair position not be filled, the branch will fold which will result in the Simcoe branch not having any representation in decision-making at the volunteer board level and, most importantly, NGH/NHNNH will lose the monetary contributions Simcoe has made in the past through its unique fundraising events.

Anyone who steps forward to take on the role of chair will not be left without guidance and assistance from those of us who have performed this role previously. Please give thoughtful consideration to keeping the Simcoe branch as part of the volunteer association.

Wishing you all a wonderful summer and hoping to be together as members of the Simcoe branch in the fall!

Vicki Fritzley, Interim Chairperson



Al Schottmann Simcoe Branch

Al was born and went to school in Cambridge. He and his wife Sarah have four children and nine grandchildren and are expecting their first great grandchild in August. He

has lived in a lot of places in the surrounding area including Ayr, Paris, Simcoe, Ingersoll, Delhi, Woodstock and then a return to Simcoe. Al was a long-distance truck driver, travelling mostly in the U. S., some in Canada and so in his working life saw a lot of country and dealt with a lot of traffic. He notes that many do not follow the rules of the road, and one of his main complaints were drivers who did not signal a lane change! It's not easy to manoeuvre those big rigs in an instant. In 2015, Al was a patient at Holmes House and also volunteered there. He then moved away but after his retirement and return to Simcoe in 2023, he and his wife were bored and looking for something to do. His wife suggested volunteering at the hospital. Al volunteers in the Transfer Service where he works in Day Surgery, often transporting people to their waiting ride home after eye surgery. Some say they are okay to walk but Al tells them they can "take a free ride" and many say thanks and that they are grateful because they are "a bit woozy". Al also helped with the Spaghetti Supper. In the past he also did some volunteering with a men's support group in Hamilton and Brantford.

Al's hobby is centred around riding his motorcycle, particularly liking the "Lake Run" that goes along Lake Erie, starting at Port Dover and on to Dunville and Port Colborne following the lake shore and in sight of the water most of the way. He and his wife have also taken their bike to Key West. A highlight occurred while on a cruise to Hawaii, they rented a bike and did some touring there. Al says that when he no longer feels secure on his motorcycle he will get a "three wheeler".

Al has received his 500 hour award.

Thank you, Al, for your service and dedication.

Marion Rathwell



to our most recent volunteers

Port Dover

Sue Stanaway

Peter Kloet

Rita Kloet

Simcoe

Helen Uren

No Branch

Janusz Szklarek

Arpita Christian

Rajwinder Sidhu

Junior

Riley Snively

Amrit Vimalanathan

Jennah Edwards

Emmalee Black

Jenna Long

Olivia Helmsley

Emmalee Black

College/University

Manjil Pandey

Adeola Grace



They're back!!!



The 2024 50/50 lottery tickets have arrived and we be providing each branch with a starting allotment. Branch chairs received their tickets on Monday, May 27th at the board meeting.

We will also be selling tickets at the hospital on Mondays and Fridays from 10 a.m. - 12:30 p.m. and we need your help to fill up the schedules. We have a goal of 5000 tickets to be sold before November 1st.

Please contact Bonnie Harris (fredbon40@gmail.com) or Liz Roth-erham (eaar@eastlink.ca) to sign up.

Gift Shop Update

Spring displays feature pastel colours throughout the shop. Soft, flowing chiffon tops and pretty sundresses are easy to care for. One size fits everyone. Complete the outfit with a sun hat and a matching bag. Popular accessories are cross body purses, necklaces and beaded bracelets. Come in and browse for gifts under \$25.00. Follow us on Facebook - search Norfolk General Hospital Volunteer Gift Shop. Hours: Monday - Friday 9:30 a.m. - 3:00 p.m., 2nd Saturday - 11 a.m. - 2 p.m.

Jane Hunter, Convenor

Junior Volunteers

Junior volunteers play big part!

For decades high school aged students have volunteered in hospitals across Canada and beyond. They were known as candy stripers in the 1940s, 50s, 60s and 70s, and they played a large part in supporting patient experience, supporting staff and gaining new skills.

Today, at NGH/NHNH, these are known as our Junior volunteers and they continue to provide the same care and support as their predecessors. Their roles include information desk, nursing home activity support, emergency department, inpatient unit, coffee kiosk and other fundraising event support.

During the pandemic, we were unable to provide opportunities for these individuals until the vaccination clinic began and ran after school hours and weekends. Many students stepped up and helped support the clinic. Now, we are able to engage in opportunities that fit their unique schedules and interests.

This past year we have been grateful for the help of 25 Junior volunteers who completed 230 shifts and provided over 570 hours of volunteer support. I am always impressed at how these individual are able to manage school, sports, jobs and personal lives.

Thank you for continuing the legacy of volunteering at NGH/NHNH!

In Memorium

Lois Rodgers – March 12, 2024

Lois was a valued member of the Simcoe branch and served the hospital for over thirty years. Lois was committed in supporting the gift shop, active in education and community awareness and in gift wrapping. She received numerous awards for her involvement including the Outstanding Service award, Certificate of Appreciation and Thirty Years of service pin. Our heartfelt condolences to Lois' family and friends.

The Magic of Giving

FEATURING CANADA'S ONLY FOUR TIME
GUINNESS WORLD RECORD HOLDING ILLUSIONIST

The Illusionist Lucas Wilson

JUNE 22 | 2PM & 7PM

PORT DOVER COMMUNITY CENTRE

\$20 IN ADVANCE \$25 AT THE DOOR

TICKET INCLUDES **FREE** WATER & POPCORN

WWW.TICKETSCENE.CA/SERIES/1214

JEAN: 519-583-2798 LINDA: 226-567-0697

BETTY: 519-429-2165 (EMAIL TICKETS)

FUNDRAISER
IN SUPPORT OF:

Delhi Branch Fundraiser

\$3 sample pack



What Are Tru Earth Laundry Eco-Strips?

TruEARTH Laundry

Icons representing various social media and organizational affiliations: TruEarth, a recycling symbol, a social media icon, a circular logo with a person, and a circular logo with a person.



<https://fundraising.tru.earth/volunteerassociationofNGHNHNDelhiBranch>



Iris Smith invites you to:

LUAU FOR A PURPOSE

Date: June 8th, 2024 - \$60 a ticket
Rain date: June 15th, 2024
Time: 1:00 pm - 3:00 pm
Location: David's Restaurant - Nonni's Fresca Cucina (patio at David's Port Dover)

Escape to a tropical paradise without leaving Norfolk! Our Hospital Luau Fundraiser at David's Restaurant promises two hours of island-inspired bliss, all for a cause close to our hearts! Enjoy appetizers, entertainment and more! *Themed attire encouraged!*

GET YOUR TICKET HERE:
<https://NGHF-Luau-for-a-purpose.eventbrite.com>



Volunteer Appreciation Event



National volunteer week is always a wonderful time to celebrate the contributions of our volunteers. This year multiple events were held including a luncheon for nursing home volunteers, an afternoon activity for 4B volunteers and an afternoon social for all volunteers.

The afternoon social on April 24th was attended by thirty volunteers who joined in some fun and the premier of our appreciation/recruitment video. Thanks to everyone who participated!

Certificates of Appreciation

This year, we had numerous volunteers go above and beyond in their engagement with the association. Whether it was their dedication with Treasure Mart, selling tickets for fundraising events or taking the lead in other activities, we would like to acknowledge the following volunteers who received certificates of appreciation this year.

Judy Boughner
Irma Gouthro
Jean Karges
Doug Sibbett
Karen Sibbett
Sandra Boughner
Linda Novinka
Diane Elliott

Bettyann Carty
Ida Fleming
Sandy Gedye
Inge Leigh
Brian Miller
Jane Miller
Liz Rotherham
Marion Rathwell

Henrietta Pierce
Iris Smith
Linda van Daele
Karen Baskerville
Margaret Drummelsmith
Lyn Fraser
Jane Hunter
Bonnie Harris

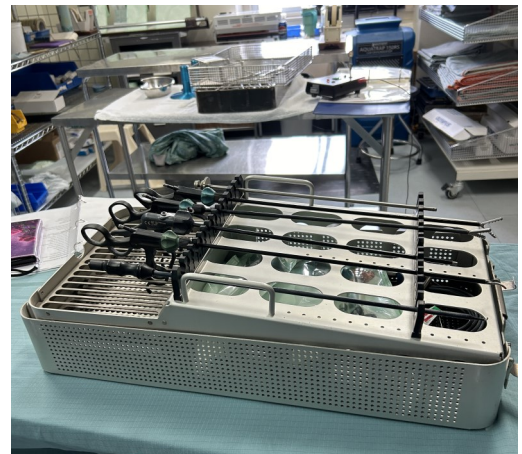
The difference you make!

Each year, the volunteer association receives a kind of wish list from the hospital. This list consists of equipment that is not covered in their budget but still need to be purchased for patients/staff. As you may know, the hospital budget provided by the province does not include equipment and this is where your time, energy and dollars come into play.

Here's a few examples of how you made a difference this year:



Mattresses and Beds

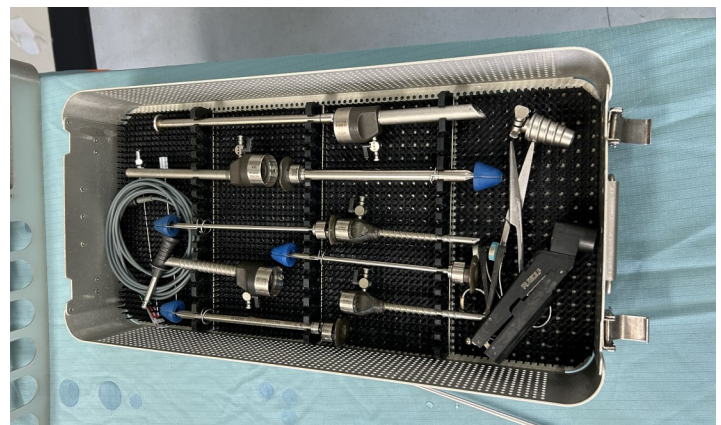


Wolfe laparoscopic equipment

Smartboard



Bedside
tables



CODE SILVER

Emergency response (person with a weapon)

A CODE SILVER is an emergency code called and/or paged overhead when an individual is discovered to be in possession of and brandishing/threatening with a weapon (e.g. gun, knife, sword, whip, chain, chokers, sharps) with the intent to cause physical harm. **IMPORTANT:** Calling/paging this code is not intended to illicit a help response from other hospital, nursing home or Holmes House staff. Calling or paging this code is intended to remove and keep people from harm. Police are the intended first responders in a CODE SILVER scenario.

Upon a paged CODE SILVER:

- * If you can leave safely, evacuate. Remain calm, and follow police direction
- * Also, if possible, staff will quickly and safely evacuate as many patients and people in the vicinity to a pre-determined safe meeting/assembly area
- * Redirect any people approaching the area to a safe location
- * If you cannot leave safely, hide in a secluded area or room and remain calm
- * Stay away from windows and turn off lights where possible
- * If possible, lock doors and barricade yourself and others in with furniture
- * Remain still and quiet, silence devices, alarms, turn off monitors
- * Hide in place until "CODE SILVER – ALL CLEAR" is announced

Throughout the year, NGH/NHNNH will conduct mock drills on various codes to ensure that staff and volunteers are prepared in the event of an emergency.

Please review the proposed changes to the constitution and bylaws. These changes will be ratified at our AGM/AAB on June 6, 2024.

PROPOSED CHANGES TO THE CONSTITUTION

Section II Categories:

The Association shall be composed of five (change to four) categories of membership as follows:

Remove Associate Members

Article XVII Resolutions

4. Membership

Remove Associate Members

BY-LAWS

7. Board

Duties of the other board officers

Remove Volunteer Engagement chair

10. Services

Financial:

1. Shall be comprised of ...

Remove Hairdressing

13. Financial Responsibilities

Associate funds

No expenditure in excess of \$100 (**change to \$200**) will be made in the name of the association or the board without approval of the association board.

Volunteer Board NGH/NHNNH

FROM THE FRONT DESK OF YOUR NGH FOUNDATION

Dear Volunteers,

We hope this newsletter finds you well and filled with the same excitement and gratitude we're experiencing here at the Foundation! We wanted to start by thanking you for **Smile Cookie Week!** We are absolutely thrilled to extend our heartfelt thanks to everyone who participated in Smile Cookie Week. The decorators at every store worked tirelessly, and we cannot wait to share the grand total raised! Your contributions are making a significant impact on our journey towards acquiring a new mammogram machine, a vital addition to our healthcare resources. Stay tuned for the final count!

We had an unforgettable evening at our gala! **The Inaugural Heart of Healthcare Annual Gala** presented by Venture Norfolk was a wonderful night! From the red carpet Photobooth to the delicious cuisine by Monthill Golf Course and the electrifying performance by the Saturday Night Superstars, every moment was magical. Thanks to your generous support, we raised over \$60,000 and counting! These funds will also directly contribute to the acquisition of our new mammogram machine, furthering our mission to enhance women's health in Norfolk County. We extend our deepest thanks to all our supporters, sponsors, volunteers, and Honourary Chair, Iris Smith, for making this event a resounding success.

From the heart of the NGH Foundation, we are immensely grateful for all the volunteers do to support our hospital - your unwavering support propels us closer to our goals and shapes a healthier future for all!



**Emma Rogers - CEO
& The NGH Foundation Team**



Norfolk
**GENERAL HOSPITAL
FOUNDATION**
"committed to caring"

WE CAN'T WAIT TO
See you!



Annual Golf Tournament

Calling all golf enthusiasts! Save the date for our Annual Golf Tournament at the Norfolk Golf & Country Club.

Tee Times: 8am 12pm \$ 4pm

Date: June 18th, 2024 Location: Norfolk Golf & Country Club Registration: For foursome registration, please call 519-426-0130 ext. 2456 or email smflowerday@ngh.on.ca



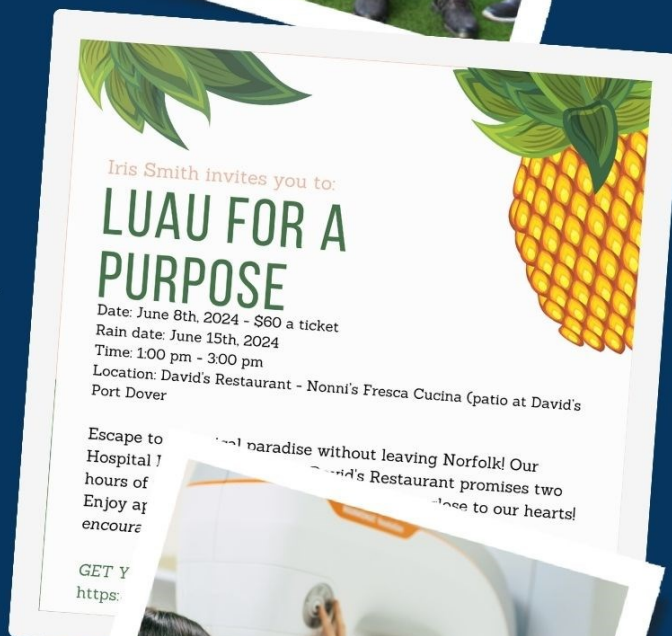
Luau for a Purpose

Join us for a Luau experience! Transport yourself to a tropical paradise right here in Norfolk while supporting a cause close to our hearts! Indulge appetizers, entertainment, and more! Don't forget to dress in themed attire for added fun!

Date: June 8th, 2024 Time: 1:00 pm - 3:00 pm

Location: David's Restaurant (Nonni's Fresca Cucina, patio at David's Port Dover) Tickets:

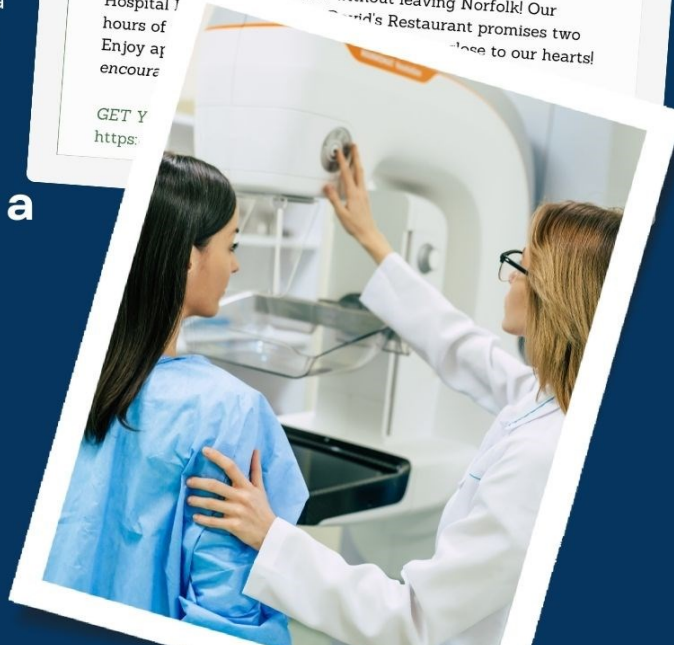
Available: <https://NGHF-Luau-for-a-purpose.eventbrite.com>



Help our journey to a new mammogram machine

All proceeds from these events will go towards the purchase of our new mammogram machine at NGH!

DON'T FORGET TO FOLLOW US
ON SOCIAL MEDIA!





Town Hall Meeting, April 23rd

Dates To Remember

June

6—AGM in Waterford
8—Luau in Simcoe
18—Foundation Golf
Tournament
22—Lucas Wilson Illusionist

July



August

10—Waterford Golf
Tournament at Springview
17—Summer festival ticket
Sales

**Please contact the volunteer office for
change of address or other contact in-
formation.**

519-426-0130 ext. 3101

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Delhi	Angela Grant	519-582-3542	angelamgrant@hotmail.com
Port Dover	Drenise Cowland	226-290-4080	djcowland@gmail.com
Waterford	Renee Owen	519-443-7265	mynay2@hotmail.com

Next Submission Deadline: August 21, 2024