

As we enter this Holiday Season we are filled with hope. Hope for family, togetherness, the return of traditions and the opportunity to celebrate. Communities, families, our staff and volunteers are all working towards recovery and healing during this pandemic. As we navigate this road to recovery, please **help us to help you**. Will you please, take this opportunity to help celebrate our staff and volunteers who have carried us through this extraordinary time?

I would like to take a moment to introduce you to two members of our NGH family who are helping out the hospital and their community. One a long-time nursing staff member and the other a seasoned NGH volunteer. Both have had roles to play helping NGH on its road to recovery. First is Mary Johnston, who has had a long career in Healthcare as a Registered Nurse. Mary and her husband returned from their Florida home in March 2020 because of the pandemic. When the vaccine became available Mary came to work in the vaccine clinic. Most of the nurses in the clinic came out of retirement or moved from casual to full-time positions to do their part in support of NGH and the community.

They did not hesitate to help us help you and to assist us all on our road to recovery.

"My hope for everyone this Christmas is that we can all get together as families. Last year was such a lonely Christmas for many, it was very hard on everyone's mental health. It has been extra hard on the health of our staff – working long hours and then spending their off-time isolated." -Mary Johnston, RN

Next, I would like to introduce you to one of our long time dedicated NGH volunteers Iris Smith. Iris is one of 25 volunteers who returned to NGH as soon as they were able to support our hospital, patients, staff and the vaccination clinic. Iris has lived in Norfolk her entire life; her husband had a business here and her children and grandchildren all live in the community. She has spent over 20 years volunteering for the Hospital in almost every capacity. Two years ago, at the age of 81 Iris climbed the CN Tower to raise money in support of the new CAT scan machine. She is also one of our monthly donors who help to support the NGH's urgent needs. She is eager for the return of the hospital's annual fundraising events, a return to normalcy and the joy that used to be associated with those events. Iris also recognizes the importance of those fundraisers in helping to provide the desperately-needed support for updating and purchasing new equipment.

Here is my 2021 HOLIDAY GIFT



I'm sending you my personalized bulb as well as a donation in the amount of \$50 \$100 \$250 Other \$ I have made my donation online at www.ngh.on.ca I have enclosed a cheque payable to: The Norfolk General Hospital Foundation I prefer to pay by credit card: Mastercard VISA Amex	
Name as it appears on the credit card	
Card Number Expiry Date	-

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"My hope this holiday season is that the volunteers can return to the hospital in a greater capacity. With limited numbers of volunteers and volunteer services at this time it is impacting the volunteers, staff and patients. The volunteers offer support and kindness to patients, visitors and staff during what is often an overwhelming time and especially during the holidays. — Iris Smith, NGH volunteer.

The Hospital atmosphere became a very different one for both our patients and staff without the support offered by the volunteers. We share both Mary and Iris's Christmas hopes. Mary and Iris have helped us on this road to recovery, they are helping us to help you - our community. They are doing their part, everyone has a part to play. The impact on our hospital from the pandemic has been significant. The operations and procedures were pushed back more than once due to Provincial guidelines creating a backlog and putting added stresses on essential equipment. The Hospital's need for new and updated equipment continued while our ability to hold traditional fundraising events became nonexistent. The need to update our hospital is stronger than ever. As we come out of the fourth wave of the pandemic and with future events still remaining uncertain. The Foundation must double its efforts to meet the needs of the hospital. With the pressures on healthcare and staff this has created a shortage of healthcare workers making it more important than ever to have the best equipment and environment for our staff and patients.

Your gift this Christmas will support our hospital's top priorities. Our urgent needs for updated and new equipment continue to grow while our ability to fundraise using our traditional events has ground to a halt.

This Holiday Season help us light up our tree with your Hope! Place your message of hope on the enclosed bulb and we will hang it on our tree for everyone to see. Staff, patients and volunteers will all be able to read your messages of hope and thanks to them for their dedication and commitment to the hospital and the community. We are inspired by what donors like you make possible every day and we hope that you will stand with us as you have before by making a donation this holiday season. Help us to help you on this road to recovery.

Our Norfolk General Hospital Family wishes you and yours a happy Holiday Season and best wishes for a healthy New Year.

Penny Beochouse

Penny Bellhouse

Executive Director, Norfolk General Hospital Foundation

MONTHLY CARING CLUB Membership



I would like to provide ongoing monthly support and spread my generosity over the entire year: I am sending you my donation in the amount of:

\$10 \$25 \$40 Other \$	
I have made my donation online at www.ngh.on.ca	
☐ I have enclosed 12 post-dated cheques for the first of each	month
payable to: The Norfolk General Hospital Foundation	
☐ I authorize Norfolk General Hospital Foundation to deduct r credit card on the ☐ 1st or the ☐ 15th of each	
☐ Mastercard ☐ VISA ☐ Amex	
Name as it appears on the credit card	
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