



2021

As we enter this Holiday Season we are filled with hope. Hope for family, togetherness, the return of traditions and the opportunity to celebrate. Communities, families, our staff and volunteers are all working towards recovery and healing during this pandemic. As we navigate this road to recovery, please **help us to help you**. Will you please, take this opportunity to help celebrate our staff and volunteers who have carried us through this extraordinary time?

I would like to take a moment to introduce you to two members of our NGH family who are helping out the hospital and their community. One a long-time nursing staff member and the other a seasoned NGH volunteer. Both have had roles to play helping NGH on its road to recovery. First is Mary Johnston, who has had a long career in Healthcare as a Registered Nurse. Mary and her husband returned from their Florida home in March 2020 because of the pandemic. When the vaccine became available Mary came to work in the vaccine clinic. Most of the nurses in the clinic came out of retirement or moved from casual to full-time positions to do their part in support of NGH and the community.

**They did not hesitate to help us help you and to assist us all on our road to recovery.**

"My hope for everyone this Christmas is that we can all get together as families. Last year was such a lonely Christmas for many, it was very hard on everyone's mental health. It has been extra hard on the health of our staff – working long hours and then spending their off-time isolated." -Mary Johnston, RN

Next, I would like to introduce you to one of our long time dedicated NGH volunteers Iris Smith. Iris is one of 25 volunteers who returned to NGH as soon as they were able to support our hospital, patients, staff and the vaccination clinic. Iris has lived in Norfolk her entire life; her husband had a business here and her children and grandchildren all live in the community. She has spent over 20 years volunteering for the Hospital in almost every capacity. Two years ago, at the age of 81 Iris climbed the CN Tower to raise money in support of the new CAT scan machine. She is also one of our monthly donors who help to support the NGH's urgent needs. She is eager for the return of the hospital's annual fundraising events, a return to normalcy and the joy that used to be associated with those events. Iris also recognizes the importance of those fundraisers in helping to provide the desperately-needed support for updating and purchasing new equipment.

## Here is my 2021 **HOLIDAY GIFT**



I'm sending you my personalized bulb as well as a donation in the amount of  \$50  \$100  \$250  Other \$\_\_\_\_\_

- I have made my donation online at [www.ngh.on.ca](http://www.ngh.on.ca)
- I have enclosed a cheque payable to: The Norfolk General Hospital Foundation
- I prefer to pay by credit card:  Mastercard  VISA  Amex

Name as it appears on the credit card \_\_\_\_\_

Card Number

Expiry Date \_\_\_\_\_

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