

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2019

## NHNH Activity Calendar



<p>10:00 Exercise Class (G) 2:00 Nature Presentation with Richard Moore (G)</p>	<p>10:00 Fiddler's Music 2</p>
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<p>3 10:00 Exercise Class (G) 1:30 Family Council Meeting (Activity Room) 2:00 Sing Along (M) 7:00 Bingo (G)</p>	<p>4 10:00 Nail Care (1) 2:00 Church Service (G) 4:00 Pet Therapy</p> <p><small>Chinese New Year</small></p>	<p>5 10:00 Exercise Class (G) 2:00 You've Got Mail 2:00 Bible Study (M) 2:00 5 Card Flip (G)</p>	<p>6 8:30 Breakfast Club (G) 2:00 Spiritual Sing Along with Alex (G) 7:00 Art Therapy with Liz and Shelley (G)</p>	<p>7 10:00 Exercise Class (G) 12:00 Sweetheart Luncheon (G) 2:00 Bingo (G)</p>	<p>8 10:00 Social Time with Ruth (M) 10:00 Deal or No Deal (1) 2:00 What Am I? (1)</p> <p><small>Groundhog Day</small></p>
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<p>10 10:00 Valentine Bingo with St. Marie School 2:00 Music with Gloria (G) 2:00 Art Circle with Liz (G)</p>	<p>11 10:00 Nail Care (M) 10:00 Music with Angus (1) 2:00 Church Service (G)</p>	<p>12 10:00 Exercise Class (G) 2:00 You've Got Mail 2:00 Bible Study (M) 2:00 Happy Hour/Games (G)</p>	<p>13 2:00 Valentine/ Birthday Party Social with Paul Newell (G) 5:00 Gentlemen of Harmony (M &amp; 1) Dining Rooms 7:00 Current Events (1)</p> <p><small>Valentine's Day</small></p>	<p>14 10:00 Exercise Class (G) 2:00 Soul Tyme (G)</p>	<p>15 10:00 Fiddler's Music</p>
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<p>17</p> <p>18 Family Day</p> <p><small>Presidents' Day (US)</small></p>	<p>19 10:00 Nail Care (1) 10:00 Music with Angus (M) 2:00 Church Service (G) 4:00 Pet Therapy</p>	<p>20 10:00 Exercise Class (G) 2:00 You've Got Mail 2:00 Bible Study (M) 6:45 Beavers (G)</p>	<p>21 10:00 Intergenerational Program 2:00 Residents Council Meeting (G)</p>	<p>22 10:00 Exercise Class (G) 2:00 Bingo (G)</p>	<p>23 10:00 Social Time with Ruth (1) 10:00 Montessori (M) 2:00 Ceramics (G)</p>
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<p>24 10:00 Exercise Class (G) 2:00 Music with Pat (G) 2:00 Art Circle with Liz (G) 7:00 Bingo (G)</p>	<p>25 10:00 Nail Care (M) 2:00 Memorial Service (G)</p>	<p>26 10:00 Exercise Class (G) 2:00 You've Got Mail 2:00 Bible Study (M) 2:00 Happy Hour/Games (G)</p>	<p>27 10:30 Catholic Mass (G) 2:00 Bingo (G) 7:00 Family Fun Night with Ken Lighthouse (G)</p>		
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Legend: G=Activity Room M=Main Floor 1=Upper Floor