

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019

NHNH Activity Calendar

New Years Day!

New Year's Day

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10:00 Exercise Class (G)
2:00 Music with Pat (G)
7:00 Bingo (G)

10:00 Nail Care (1)
10:00 Music with Angus (M)
2:00 Church Service (G)

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10:00 Exercise Class (G)
2:00 Bible Study (M)
2:00 You've Got Mail
2:00 5 Card Flip (G)

10:00 Multi-Sensory Program
2:00 Birthday Party Social Music with Gerry O'Roboko (G)
7:00 Art Therapy with Liz and Shelley (G)

10

10:00 Exercise Class (G)
2:00 Nature Presentation with Richard Moore (G)

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10:00 Social Time with Ruth (1)
10:00 Let's Get Crafty (G)
2:00 My Lucky Numbers (1)

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12:00 Chinese New Year Luncheon-Main Floor Residents (G)
2:00 Montessori
7:00 Bingo (G)

10:00 Nail Care (M)
2:00 Church Service (G)
4:00 Pet Therapy

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10:00 Exercise Class
2:00 Bible Study (M)
2:00 You've Got Mail
2:00 Happy Hour & Games (G)
6:45 Arts and Crafts with Beavers (G)

10:00 Intergenerational Program (G)
2:00 Soul Tyme (G)

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10:00 Alzheimer's Walk for Memories - Exercise Class (G)
2:00 Bingo (G)

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10:00 Fiddler's Music (G)

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10:00 Exercise Class (G)
2:00 Music with Gloria (G)
7:00 Gideon's Service (G)

Martin Luther King Day
Tu B'Shevat

10:00 Nail Care (1)
10:00 Music with Angus (M)
2:00 Church Service (G)

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10:00 Exercise Class (G)
2:00 Bible Study (M)
2:00 You've Got Mail
2:00 Hangman (G)

10:30 Catholic Mass (G)
2:00 Kerplunk (G)
2:15 Montessori Program
7:00 Family Fun Night with Elvis! (G)

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10:00 Exercise Class (G)
2:00 Bingo (G)

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10:00 Social Time with Ruth (M)
10:00 Lets List It! (1)
2:00 Movie Matinee (G)

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12:00 Chinese New Year Luncheon-Upper Floor Residents (G)
2:00 Montessori
7:00 Bingo (G)

Australia Day (observed)

10:00 Nail Care (1)
2:00 Church Service (G)

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10:00 Exercise Class (G)
2:00 Bible Study (M)
2:00 You've Got Mail
2:00 Happy Hour & Games (G)

10:00 Current Events (1)
2:00 Tea Party (G)
7:00 Art Therapy with Liz and Shelley (G)

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Legend: G=Activity Room M=Main Floor 1=Upper Floor