Fall is typically a sign of new beginnings and refreshed outlooks. For women living in Norfolk County and area, it can also mean a renewed commitment to health and longevity. That commitment has already resonated for many women who have made the choice to be regularly screened for breast cancer. With the success of the Ontario Breast Screening Program (OBSP) affiliate site at Norfolk General Hospital, patients don’t have to travel far to find a facility they can trust to perform quality breast mammogram screening tests in a friendly and welcoming atmosphere.

As the leading cancer amongst women living in Haldimand-Norfolk, breast cancer has touched many lives in our community. But, with excellent resources at hand including the addition of digital mammography, our team is making a difference. By working diligently at detecting breast cancer earlier, OBSP is gradually working towards reducing breast cancer rates in our area.

In just two short years, the OBSP affiliate site at Norfolk General Hospital has nearly tripled the volume of screening tests performed, that number is expected to exceed over 1500 screens next year. Screening days have increased from one to two days a week with an average of 21 screens daily.

This July, Norfolk General Hospital was recognized as being a leader amongst 13 sites in the Hamilton Niagara Haldimand Brant Local Health Integration Network (HNHB LHIN) for early detection rates. “This is very significant and speaks volumes to the quality of work that is performed at our hospital,” said Bill Lewis, President and C.E.O.

Much of this praise can be directed towards Dr. Sie-Chin Chow, the hospital’s lone full-time radiologist. “I just do my job and put my full attention into what I see,” said Dr. Chow who has been reporting on mammograms since 1971. “We have a very good mammogram unit, much better than before, we have good technologists doing quality work, I am only part of the team.”

Dr. Chow stresses the importance of having good technologists and highly credits Wanda Wilson, Kim Egan and Karen Bushell for the work they do. “To produce a good quality mammogram you have to have good technologists, if they are not well trained and do not pay attention to what they are doing, the picture will not look good and will affect my work. I depend on the picture they provide me.” Detecting small lesions earlier has lead to proactive surgery. The purpose of the program is to detect and remove small lesions before they become significant. “We are also very fortunate to have ongoing communications with family physicians, who in turn refer their patients to our highly skilled operating team at NGH,” said Dr.Chow. View full article online @ www.ngh.on.ca.
“Get The Flu Shot For Me”

With the help from friends and familiar family faces, the NGH Flu Fighters Team is confident their message to get a seasonal flu vaccination will be heard. “Get The Flu Shot For Me,” is this year’s campaign to encourage staff, volunteers, family members and the visiting public to protect themselves and others from seasonal flu and be vaccinated at NGH. Clinics will be held in the main floor Conference Room, during the first two weeks of November excluding Remembrance Day. Daily clinic times will be from 9am-11am, 1pm-4pm and 6pm-8pm.

ER Patient Lifting and Moving Devices

**ER is on the move and lifting and moving patients in the Emergency Room is easier thanks to two new important pieces of equipment.**

Will Baker, Director of Occupational Health at NGH was happy to demonstrate the **Golvo lift** and **Stryker Glide System** to Hospital Happenings.

The **Golvo Lift** is a specialized, lower profile-lifting device with a capacity of 440 pounds. It has the ability to go underneath any stretcher in the hospital with its adjustable legs and low profile wheels. Boom handle bars give the operator more leverage with the ability to lift a patient right from the floor if necessary, the handle bars also make this equipment easier to maneuver through the ER. Continued >

The **Golvo lift** is not limited to indoor use; it has been constructed for the health care team to use outdoors in an emergency to safely assist a patient from their vehicle.

In addition to safely assisting patients with mobility, this piece of equipment is dramatically helping to reduce injuries to our health care team including low back and shoulder strains.

The **Stryker Glide System** is essentially an inflatable matt that allows staff to move a patient from one stretcher to another with very little effort once inflated. This equipment is used especially for someone who may have a fractured femur and is unable to move from one bed to another, stretcher to stretcher or onto a surgical suite or diagnostic imaging table.

This easy to deploy, motorized unit with a capacity of 800 pounds has been a great help to our ER. “It’s made all the difference,” said Chris Kindy, Health Service Attendant. “We had a large, wide patient the other day. Typically, it would take six people to move a patient of that size. With the inflatable matt, it only took two.”

**Birds Eye View of NGH**

The weatherman gave clear skies for the Mclean Chimney crew while they worked on the NGH Chimney on September 16. During the process, the hospital boiler was shutdown for approximately 5 hours.

**50/50 Winners**

- Sheila Dreidger
- Betty Carpenter
This fall marks the second phase of the $3M Lend a Hand Campaign. Join the X-ray Challenge Radiothon on October 20th held at the Simcoe Town Centre on West Street or listen to CD 98.9 or watch Eastlink Cable TV from 7 am to 7 pm and show your support. Our current x-ray machine is nearly 20 years old and needs replacing. We hope to raise $1,000,000 this year for a new digital x-ray system. Fund raising packages will be delivered to areas of the hospital for you to learn more about this important fundraising project. Thank you, staff, for supporting the NGH Foundation through payroll deductions and yearly donations. Your generosity is always appreciated and never taken for granted. Every dollar gets results to improve our patient care. Thank you.

Helen, Kim and Jason
NGH Foundation Team

Sawaya Potted Plant Sale

Thanks to the generous support of the community, the Sawaya potted plant sale held August 20-21, was another huge success. Over $4100.00 was raised during the two-day sale. Thanks to the Sawaya family for donating all of the beautiful potted plants, which help the Volunteer Association raise funds for hospital medical equipment. This is the eighth year for this annual tradition that area gardening enthusiast continue to look forward to every summer.

Remember to always check at least two patient identifiers!
A friendly reminder from The Patient Safety Team

More pictures online www.ngh.on.ca

Our Mission is to assist those we serve to achieve the best possible health outcomes

Norfolk General Hospital Foundation
Join the X-ray Challenge

Serving with Smiles

NGH-NHNH 2010 Long Service Awards
Thursday September 16

Lisa Killingbeck, Jane Coulson, Sophie Tarcza
Marcia Vandenelsen, Bob Veres, Kristina Murray
Normy Frazer, Christine Keba, Maria Pereira
Sandra Boughner, Betty Carpenter, Robin Mummery
Alana Taner, Susan Chanyi, Susan VanHooren
Stephen Brightman, Veronica Byer

Happenings
November 6th, It’s Treasure Time!

The Volunteer Association is busily preparing for this year’s Treasure Mart to be held Saturday, November 6, at the Aud in Simcoe, 172 South Drive. Browse through a large assortment of crafts, silent auction items, trinkets and treasures and so much more. If you have items you would like to donate, please drop them off in the grey bins located throughout the hospital. This year marks the 33rd Anniversary of Treasure Mart, the largest Volunteer fundraiser for NGH-NHNH. You might just find your next hidden treasure!

OBSP-Celebrates 20 Years! 10 Years at NGH

October is Breast Cancer Awareness month, it’s also the Ontario Breast Screening Program’s 20th Anniversary. To celebrate, the OBSP team at NGH have big plans and some great incentives for area women looking to book their next breast screening exam. Stay tuned for more details...

Roof Replacement

Fall renovation projects are in full swing including a much needed roof replacement to the Stores Dept. dock flat roof a (portion of E wing.) Say goodbye leaky water buckets!

Upcoming Events

Who Wants to Be a Millionaire
Patient Safety Edition

Patient Safety Crime Scene
Be a patient crime scene investigator

Plus more exciting educational activities and prizes-watch for more details!

NGH Patient Safety Team

National Patient Safety Week Nov. 1 - 5

Sharing NGH Memories

Nancy Easdown, Deb Irwin, Robbie Lauwerier, Jane LeDressay and Wendy Theriault share a few laughs together during a retirement party held in their honour over the summer.

Pat Cooke and Brian Miller