



## SHANNON'S CELL MATES - RIDE FOR THE REGISTRY

Something extremely special will be taking place in front of Norfolk General Hospital this weekend.

Sgt. Brad Adams of the Hamilton Police Services, who is a husband to our very own Registered Nurse Shannon Adams, will ride his horse past our hospital on Saturday, May 8th, to promote and encourage people to become a Stem Cell donor with the Canadian Blood Services.

Shannon, who is 43-years old, was diagnosed with a rare form of cancer called acute plasma cell leukemia multiple myeloma shortly before Christmas. The Match4Shannon campaign quickly launched after her diagnosis, with hopes of finding Shannon a lifesaving stem cell transplant. The campaign was extremely successful as more than 1,000 people registered as stem cell donors in Shannon's honour. Sadly, due to the aggressiveness of Shannon's cancer, the stem cell transplant treatment is no longer an option for our beloved nurse. However, because of the campaign, Shannon will help many Canadian patients who require lifesaving stem cell transplants every year.

As a way to honour his wife's hard-fought battle with cancer, Brad will mount his horse and ride for ten days, covering over 233km throughout Haldimand-Norfolk and Tillsonburg beginning on Wednesday, May 5th.

# SHANNON'S CELL MATES



NGH will place orange bows outside the hospital, and staff are being encouraged to wear their Shannon's Plasma Cell Mates t-shirts on Saturday. Staff who are not working or who are on a break can cheer on Brad as he rides his horse past our hospital. He estimates that he will ride past NGH sometime between 11 a.m. and noon. We ask that all staff who cheer on Brad socially distance and wear the appropriate PPE.

Shannon is a mother of two girls Abby (12) and Emma (9).

According to the Canadian Blood Services, you have to be 17 to 35 to register. Please know that by signing up, you are not only helping Shannon but people who need a stem cell match across Canada.

To start the process to become a stem cell donor, please click on the link below:

[blood.ca/match4shannon](https://blood.ca/match4shannon)

For more information and updates on Brad's ride, please visit:

Facebook: Shannon's Plasma Cell Mates

Instagram: Shannons\_Plasma\_cell\_mates

